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felt frustrated trying to apply the Twelve Steps to her eating disorder. She started a support group for people with eating disorders, combining experiences from AA and another Phoenix group called S.H.E.D. (Self-Help for Eating Disorders), founded by Jeanne Philips nearly twenty years earlier.

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those with binge-eating disorder. eating disorders are real, treat-able medical illnesses with complex underlying psychological and biological causes. they frequently co-exist with other psychiatric disorders such as depression, substance abuse, or anxiety disorders. People with

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eating disorder, but because people with eating disorders are often in denial, itâ€™s hard to be certain. It could be your daughter, sister, mother, friend, or roommate.

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